const URL = "https://restcountries.com/v3.1/all"

const myReqeq = new XMLHttpRequest();

myReqeq.addEventListener("load",function () {

const obj = JSON.parse(this.response)

for(let val of obj){

console.log(val.flags.names.regions.subregion.population)

}

});

myReq.open ("GET", URL);

myReq.send()